



NSW Combined Independent School Sports Council Limited

Level 12, 99 York Street

Sydney NSW 2000

Phone (02) 9299 2845

Fax (02) 9290 2274

Web <https://cis.aisnsw.edu.au>

Email cis@aisnsw.edu.au

ABN 31 622 432 633

Major Sponsor

Classic Sportswear

NGS Super



CIS Newsletter

Newsletter No. 29 17 September 2018

CIS CALENDAR 2018

The latest calendar is on the website.

Events Calendar - [click here](#)

Events List - [click here](#)

CALENDAR UPDATES 2018

There are no calendar updates this week

NOMINATION GUIDELINES

1. CIS **does not** accept **late Nominations**.
2. All nominations **must** be submitted on line.
3. Nomination Forms are available on the CIS website under Nominations on the right hand side of each Sports Home page e.g. Baseball Page
4. **Check your nomination has been received** - you should be able to view your nominations under **My Profile > My Nominations** (you need to be logged in). If you cannot see it contact CIS.
5. Trouble with your nominations, contact **CIS before nominations close**.
6. If your **association is entering a team** to the CIS trials/ championships **you should not submit an individual nomination form** to CIS. The association team list will be submitted by your Association Delegate or your association convenor /representative for that sport.
7. Permission must be obtained from the **student's principal and parent/guardian** to for the student to attend the trial **before** submitting any online nomination form.
8. Sport nomination fee of **\$24.30** per nomination for all CIS Sports in 2018 with the exception of Triathlon.
9. Students who nominate but **do not attend the trial will be charged** if no notification is received prior to the trial date of their inability to attend.

Major Sponsors

ngs
Super



CIS CALENDAR

NOMINATIONS DUE in the next 2 weeks

Friday 28 September

Staff Nominations for all 2019 NSWPSA Elected Positions including Team Officials (Manager, Coach) are Due

CIS EVENTS in the next 2 weeks

Monday 17 September

CIS Primary Boys Cricket Trials – Squad Selection

Tuesday 18 September

CIS Primary Boys Cricket Trials – Team Selection

Tuesday 25 September

CIS Secondary Athletics Championship

NSW ALL SCHOOLS / PSSA EVENTS in the next 2 weeks

Monday 17 September

NSW All Schools 15 Years & Under and Open Netball Tri Series

Tuesday 25 September – Thursday 27 September

NSWPSA Girls Softball Championships – Mudgee

NOMINATIONS FOR CIS SPORT

Nominations for many sports have been flowing in to CIS. Just a reminder that whenever you make a nomination **IMMEDIATELY** check that it has been received. You can do this by going to your “My Nominations” area. If you can see the nomination there you know it has been received. If you cannot see it in your My Nomination area then try and resubmit.

Remember

If you are having trouble submitting a nomination through the website **CONTACT CIS BEFORE NOMINATIONS CLOSE.**

4. Always check your nominations have been received by

- a) Going to your My Nominations area under My Profile (blue ribbon at top left of screen). If the nomination is not listed here CIS does not have it. Resubmit or contact CIS
- b) Using the Check Nominations button on the main Menu of the CIS website

If you are receiving an error message please send a screen shot to CIS so that we can follow up.



NSWPSSA Team Officials 2019

Staff interested in applying for 2019 NSWPSSA State Team official Positions i.e. Coach, Manager, Trainer need to start thinking about it now. Online applications for these positions are now open. Nominations will close on Friday 28 September. For further details see the attached flyer.

SPORTS UPDATES

CIS Sports App 2018

All staff, and students nominated to attend a CIS Trials or Championship are required to download the App, **PRIOR** to the event. This will provide staff and students with the latest information regarding the trials for their sport, to access the app go to Google Play or the App store and download AISNSW. Once downloaded enter the relevant event code:

for all primary sports – primary18

for all Secondary Sports – secondary18

For windows phone or PC Users open any browser and go to <http://app.entegy.com.au/> insert relevant event code.

Please note that the Apps will be constantly updated until the event. Please keep checking for updates. When downloading the App please allow “Push Notifications”. The App can be updated by clicking on the wheel in the top right hand corner of the screen.

N.B If you downloaded the App last year you need to put in one of the event codes listed above to access the 2018 information for your sport.

Don't forget to refresh your app to ensure you have the latest information on your sport. Go to the little wheel in the top right hand corner of the App

CIS Primary Athletics Team Managers – 2 still required.

The CIS Primary Athletics Team will compete at the NSWPSSA Athletics Championships from 31 October – 1 November 2018. At this stage we are still looking for two team managers to look after the team at this event. If you are interested in being a manager of the CIS Primary Athletics Team please contact CIS or go to the Primary Athletics page and nominate as a team official. If you would like further information about the role please contact CIS.

CIS Secondary Athletics Championships

Tuesday 25 September

If you have students competing at CIS athletics please ensure they have downloaded the secondary Sports App so they can access the latest information on athletics. Instructions above.

All staff attending and family of students competing are asked to download the Secondary Sports App prior to arriving at the Secondary Athletics Championships. Please refer to the instructions above on how to download the App. The App contains all the information you need about the Secondary Athletics Championships. No program will be printed on the day as this is all available on the App. The App will be constantly updated in the lead up to the carnival.



CIS Secondary Athletics Merit Team Selection

CIS will not be entering at team in the NSW All Schools Track and Field Meet. Students that wished to enter this event should have already completed their own entry form for this event. Athletes gaining first, second or third places at the NSW CIS Secondary Athletics Championships will be named in the NSW CIS Secondary Athletics Merit Team 2018. These competitors are entitled to purchase CIS Uniform and can do so in the Grand Prix Room. Please note that students are not permitted to run in CIS strip at the NSW All Schools Track and Field Meet, as this is against their rules, which permit club or school strip only.

CIS Secondary Athletics Championship - General Information

Entry: There is no Gate/Entry Fee on the day.

Seating: On arrival students should move directly to their association areas and check in with team management. Association areas will be marked on the concourse and a seating map is available both on the App and Secondary Athletics Page of the CIS website under Related Documents.

Parents – are not allowed on the track or field area and must remain in the spectator areas.

Parking: There is a flat rate Parking Fee of \$15.00 provided your ticket has been validated at the venue.

Warm Up

The track area will be available for warm up from 7:30am – 8:15am. Students on the track area during warm up time must be under the supervision of team Manager / Coach. The track will be closed to Warm Up from – 8:15am.

Marshalling

Track Events - Relays, 800m, 1500m, 3000m – in the marathon Tunnel;

Sprints, Hurdles – Behind the relevant start line (competitors to move to these areas carefully via the outside of the track)

Field Events – Students to marshal at the event. All competitors are asked to move carefully around the athletics track, when moving to and from events. **Students are not permitted to cross the infield area.**

Competitor Information

Competitors are reminded that whilst they are not competing they should be seated in their allocated team area in the grandstand.

Track Events

Athletes wearing spiked shoes during a crouch start **MUST** use starting blocks. Athletes in spikes may alternatively use a standing start.

Starting Blocks

Under the conditions of hiring the Sydney Olympic Park Athletic Centre, athletes are not allowed to use their own starting blocks. SOPAC starting blocks available for athletes to use.

Relays

New rules for relays have been introduced:

The baton shall be passed within the takeover zone. The takeover zone shall be 30 metres long. Receiving



athletes must start within this zone and have full control of the baton when leaving the zone. Teams are to provide their own batons.

Field

Due to time and official constraints athletes are not permitted to use their own implements at the CIS Secondary Athletics Championships

Registration Procedure

Track place getters should proceed to the medal presentation area ASAP after their event to collect their medals. Field placegetters will receive their medals at their event. Once a student has received their medals they are asked to visit the Grand Prix Room where they will register online. As CIS Athletics Merit Team members these students are entitled to purchase uniform, which will be available in the Grand Prix Room on the day, should they choose to do so.

Grand Prix Room

1. Go to the registration table. Your information will be entered online, your status changed to CIS and you will receive a nomination code to enable you to purchase uniform.
2. Try on sample gear and collect items for purchase from staff. Please note that as the team is not competing uniform will only be available for purchase on the day of the carnival. **NO ORDERS will be taken.**
3. Go to the payment table. Payments are done online via credit card or with cash. VISA and Mastercard are accepted.

Managers and officials Information

Managers – need to collect Managers Folders from the Grand Prix Room. There will be a managers meeting at 8.00am in the Grand Prix Room. Each association is to have at least one manager at the meeting.

Officials – will need to sign in and get an official's shirt. All officials are to sign in between 8:00am and 8:15am. There will be an officials meeting at 8.15am in the Grand Prix Room. Field event officials e.g. High Jump, Long Jump, are asked to familiarise themselves with the rules and procedures for their event. Rules will be available in the Grand Prix for their reference.

Association Delegates are reminded to check that all their officials have signed on and follow upon any that are running late or missing.

There are also Level 1 online courses available from Athletics Australia. These are a great option for our officials to assist them fulfil their role efficiently. There is no charge to do the courses. Basically you register, read the information and complete a short quiz. It's a great way of ensuring you have knowledge of the event you are officiating at. Courses cover track and high jump, long jump, shotput, javelin and discus. They can be found at the following link: <http://athletics.com.au/Officials/Level-1-Important-Information>.

Please ensure that you are aware of which duty you have been assigned to and what it involves. **IF YOU ARE UNSURE ASK.**



Hurdles officials – Please note that staff /students rostered on to the various hurdle flights are asked to assist with the set-up of the hurdle event. As soon as you have checked in please report to the track area to assist with hurdle set up as this is the first event of the day.

Student Helpers – Student helpers play a vital role in the conduct of the CIS Athletics Carnival, without them the carnival is slow and inefficient. Unfortunately in the past some associations/schools have not provided students to fulfil the duties that had been allocated to them, placing extra pressure on all the staff running the event. This makes the conduct of field events in particular extremely slow. **Please** if your school is allocated student duties **ENSURE** they are covered. Associations will be fined for not providing the students or staff they have been allocated. Student Helpers are required to sign in at the Grand Prix Room on arrival at the carnival.

Secondary Athletics Awards

For secondary students to be acknowledged in the CIS Awards System for Athletics and eligible to be considered for a Blue they will need to:

- i) place 1st, 2nd or 3rd at CIS
- ii) place 1st, 2nd or 3rd at the NSW All Schools Athletics Championships
- iii) as part of the NSW All Schools Team, place 1st, 2nd or 3rd at the National All Schools Track and Field Meet.

Multi Class Classification

All Athletes in Multi Class events must have provisional, review and national classification to compete.

Athletics Australia have set dates for classification opportunities as follows:

SYDNEY - 27/09/2018 @ NSW All Schools Championships – (applications close 14/09/18)

SYDNEY - 31/10/2018 @ NSWPSA State Athletics Championships – (application close 17/10/18)

CANBERRA - 6/10/18 @ Canberra Summer Series – (applications close 26/09/18)

BRISBANE - 24/10/18 @ Queensland School Sport Championships (application close 08/10/18)

See Athletics Australia for more info - <http://athletics.com.au/Participate/Multi-Class-Athletics/Classification-Calendar>

SPORTS RESULTS

CIS Primary Athletics Championships Results

There were some superb performances last Thursday at the CIS Primary Athletics Championships, much to the delight of the CIS Primary Athletics Convenor, Peter Groves, Macarthur Anglican School, NASSA.

Congratulations to all our medal winners who have been named in the CIS team to compete at the NSWPSA Championships to be held from the 31 October to 1 November.

Special mention to our Athletes of the Meet

Girls: Grace Townsend - Queenwood – IPSHA

Boys: Caleb Dunstan - Central Coast Adventist – HRIS

Multi-Class: Lexie Phillips - Macquarie College- HRIS

Full results can be found on the [CIS website](#) along with a list of the CIS Team.

CIS would like to thank all the staff and students and Athletics NSW Officials that worked so hard as managers, field and track officials, the event would not be possible without your support. Finally thanks to Peter Groves our convenor for organising another great carnival.

DISABILITY SPORTS INFORMATION

For more information regarding classification and how to become classified for sports in Australia, please contact the National Disability Sport Partner who is responsible for your particular classification group. All students with a disability competing at PSSA and All Schools events must be classified and appear on the National Registers, i.e.

[Swimming Master List](#)

[Athletics Master List](#)

or

[Sport Inclusion List](#) (scroll down to bottom of page)

Athletics

For information regarding classification, please visit www.athletics.com.au/para-athletics in the first instance then

Cathy Lambert | Classification Coordinator |
Athletics Australia
PO Box 99, Torrensville Plaza, SA 5031 |
PH (08) 8415 6803 | M 0488 272 106

Or for information specific to the disability:-

- Vision impairment classifications | APC - Cathy Lambert | classification@paralympic.org.au
- Deaf & hard of hearing classifications | Deaf Sports Australia - Irena Farinacci | irena.farinacci@deafsports.org.au
- Transplant classifications | Transplant Australia | contactus@transplant.org.au
- Intellectual impairment classifications - Sport Inclusion Australian - Kellie Keen mail@sportinclusionaustralia.org.au
- Physical Impairment Classifications | Athletics Australia - classification@athletics.org.au

For state based enquiries please contact:

NSW - imogen.kemp@nswathletics.org.au

All staff with students with a disability should refer to the Disability page on the CIS website for updated classification information for their disability.

Newsletter

If you wish to receive this newsletter via email forward your name school and email address to CIS – ljesse@aisnsw.edu.au or jokeeffe@aisnsw.edu.au.

The CIS Newsletter is also posted on the CIS website under Newsletters.

